

Halfway Nursery Infant School - Physical Development Medium Term Planning



Teacher: Miss Booth and Miss Hughes Class: Foundation 2 Term: Spring 1 2017

Rational: This half term we will focus on observing the effect of exercise on our bodies, as this was highlighted as an area for development in recent assessments. As our topic this half term is based around superheroes, we will have a 'superhero' gym outdoors to encourage a range of exercises. Some children are continuing to work on pencil grip - moving toward a pincer grasp each time they write, without being reminded and to form letters confidently. We will also continue to plan fine motor activities for our 'finger gym' each week.

Learning Objectives (from Skills Progression):

Moving and Handling

- Uses one-handed tools and equipment, e.g. makes snips in paper with child scissors.
- Holds pencil near point between first two fingers and thumb and uses it with good control..
- · Can stand momentarily on one foot when shown.
- · Can catch a large ball.
- Begins to form recognisable letters.
- Uses a pencil and holds it effectively to form recognisable letters, most of which are correctly formed.
- Travels with confidence and skill around, under, over and through balancing and climbing equipment.
- Shows increasing control over an object in pushing, patting, throwing, catching or kicking it.

They handle equipment and tools effectively, including pencils for writing.

Health and Self-care

- · Observes the effects of activity on their bodies.
- · Understands that equipment and tools have to be used safely.

Shows understanding of the need for safety when tackling new challenges, and considers and manages some risks.

• Shows understanding of how to transport and store equipment safely. Talk about ways to keep healthy and safe

Outcomes:

Moving and Handling:

- I can move in different ways.
- I can jump and land on two feet.
- I can run in different directions at different and avoid bumping into anything.
- I hold a pencil in the same hand each time.
- I can write cursive letters.

Health and Self-Care:

- I understand the need for safety when tackling new challenges.
- I know how to transport and store equipment safely.

Key Vocabulary:

- Hold, pencil, fingers, grip, smile from the line, thread, push, squash, squeeze, throw, catch, underarm, hands, move, gently.
- Lift, look, safe, carry, dangerous, danger, fall, heavy, move.

Resources:

- Pencils and pencil grips, thin and thick pencils and brushes.
- Balls (footballs, basketballs, tennis balls etc)
- Bats and cones
- Pulleys and ropes
- Superhero gym (outdoors)

Evaluation and Next Steps: